



Are you migrating abroad with an immigrant visa? You need to attend the CFO PDOS/Peer session! Go online now to reserve and register in CFO-Manila

How to get an Online Appointment

What is the Pre-departure Orientation Seminar (PDOS) in CFO?

Filipino emigrants or those leaving the country to settle permanently abroad are required to register with the Commission on Filipinos Overseas (CFO), and attend the Pre-Departure Orientation Seminar (PDOS) or Peer Counseling Session. Topics discussed include travel regulations, immigration procedures, cultural differences, settlement concerns, employment and social security concerns, and rights and obligations of Filipino migrants.

The PDOS is for emigrants petitioned by their parents, siblings, or immediate relatives, including independent applicants who are 20-59 years old. The Peer Counseling Program is for emigrants aged 13-19 years old.

To attend the Pre-Departure Orientation/Peer Counseling Program at CFO Manila, clients are required to use the RESERVATION and REGISTRATION (R&R) Online System.

Attendance in the Pre-Departure Orientation/Peer Counseling Program at CFO Cebu is on a first-come, first-served, walk-in basis. The Commission will only accept emigrants with complete registration requirements.

Requirements for Registration

No need to photocopy any registration document
No need to submit ID photos

1. Original **valid passport**
2. Original **valid visa**
3. One (1) valid **identification (ID) card with photograph** (see list of valid IDs at the back)
4. Payment of **Php400.00 registration fee**
5. Attendance in the **PDOS or Peer Counseling session**
6. Original of the following country-specific documents:

US-bound emigrants (except for K visa holders):
Immigrant Data Summary

Canada-bound emigrants:
Confirmation of Permanent Residence

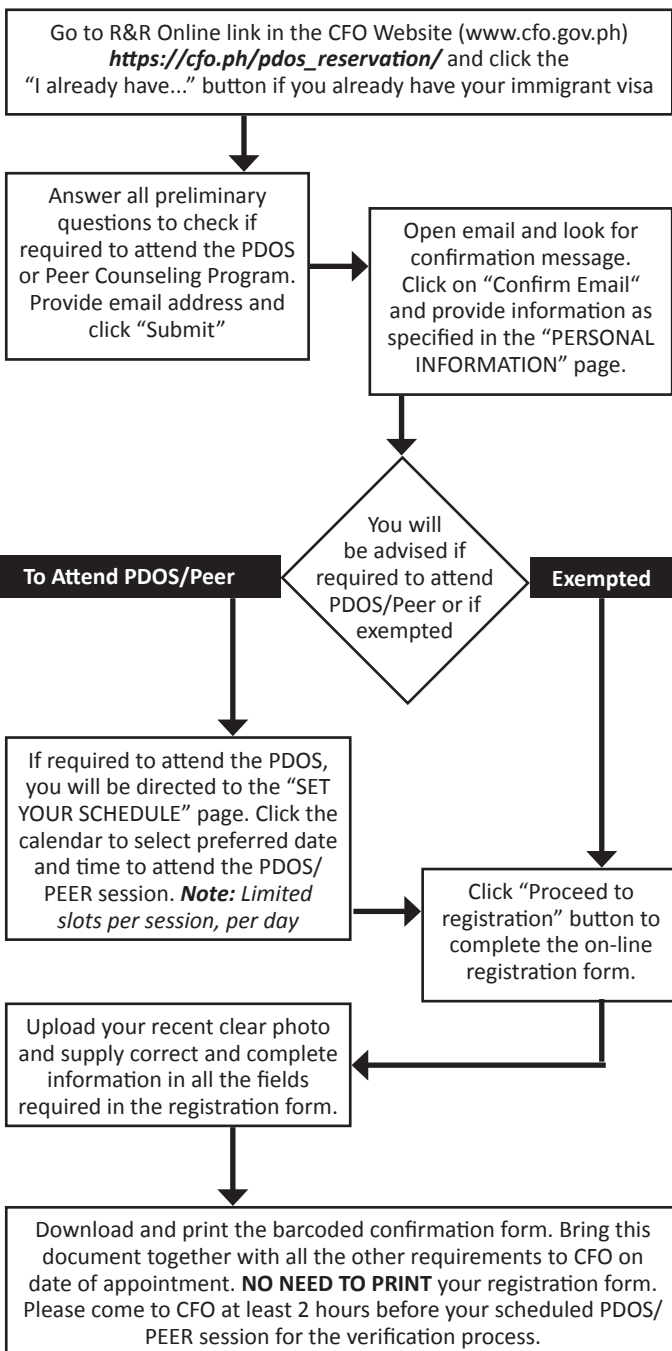
Italy-bound emigrants:
Nulla Osta

Japan-bound emigrants:
Certificate of Eligibility

Australia-bound emigrants:
Visa Grant Notification Letter

New Zealand-bound emigrants:
Letter of approval for Work to Residence visa

After satisfactory compliance with the registration process and attendance to the PDOS, a CFO Emigrant registration sticker is affixed to your passport. This will be checked by the Bureau of Immigration on your day of departure.



SCHEDULES

CFO-MANILA *By reservation/appointment only*

Pre-Departure Orientation Seminar (PDOS) <i>for emigrants 20-59 Years Old</i>	Country	Day	Time
	United States of America	Mondays, Wednesdays and Thursdays (70 slots)*	10:00 am - 12:00 nn
		Tuesdays and Fridays (70 slots)*	2:00 pm - 4:00 pm
	Canada	Monday to Friday (60 slots)*	9:30 am - 12:00 nn
	Europe	Tuesdays and Fridays (70 slots)*	10:00 am - 12:00 nn
	Australia and New Zealand	Tuesdays and Fridays (60 slots)*	2:00 pm - 4:00 pm
	Japan and other Asian countries	Mondays and Thursdays (70 slots)*	2:00 pm - 4:00 pm
Peer Counseling <i>for youth emigrants 13-19 Years Old</i>	Country	Day	Time
	All Countries	Monday to Friday (25 slots per session)	9:30 am - 12:00 nn 2:00 pm - 5:00 pm

** Due to the capacity of venue*

CFO-CEBU *No Reservation/First-come, first-served basis*

Combined Pre-Departure Orientation Seminar and Peer Counseling Session	Country	Day	Time
	United States of America and Canada	Monday to Friday (40 slots)*	10:00 am - 12:00 nn
	Australia and New Zealand	Mondays and Wednesdays (40 slots)*	10:00 am - 12:00 nn
	Japan	Tuesdays and Thursdays (40 slots)*	10:00 am - 12:00 nn
	Europe and other countries	Fridays (40 slots)*	10:00 am - 12:00 nn

** Due to the capacity of venue*

Who are exempted from the PDOS?

*Exempted from attending the PDOS/Peer Session but still need to register personally or by proxy

The following emigrants are exempted from attending the PDOS, but should still register in person or by an authorized representative:

- Minors aged 12 and below;
- Senior citizens (60 years old and above);
- Those incapacitated due to permanent or long-term ailments; or
- Those with mental health issues or psychologically-challenged.

If registered by proxy, representative is required to present the following documents in addition to the usual required documents:

- Medical certificate/report (except those 60 years old and above)
- Letter of authorization from the emigrant (if applicable to the case); and
- Original valid identification card with photograph of the proxy.

Proxies who are NOT the legal/natural/biological adoptive parent of children 12 years old and below must present the following documents:

1. One (1) original valid identification card with photograph of the proxy, and
2. Duly notarized authorization letter executed by parent/s or guardian/s, issued in the Philippines or overseas.

For questions, please contact:



CFO-Manila

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Email: rrpdos@cfo.gov.ph
Website: www.cfo.gov.ph



CFO-Cebu Extension Office

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Office of the President of the Philippines

Commission on Filipinos Overseas



Itanong mo kay SIS!

CFO-SIS
Free On-line Guidance and Counseling Service

Itanong mo kay ATO!
Online Legal Counseling

Example of Valid IDs: Driver's License, Postal ID, Social Security System (SSS ID), Government Service Insurance System (GSIS ID), Tax Identification Number (TIN ID), Professional Regulation Commission (PRC ID), Senior Citizen's ID Card, PhilHealth Identification Card (PIC), Alien Certificate of Registration (ACR I-Card), Consular ID, Permit to Carry Firearms, Seaman's Book, Armed Forces of the Philippines (AFP) ID, Home Development Mutual Fund (HMDF) or PAG-IBIG ID, Philippine Overseas Employment Association (POEA) ID, PRA Special Resident Retiree Visa (SRRV) ID, Department of Social Welfare and Development (DSWD) ID, Overseas Worker's Welfare Administration (OWWA) ID, Unified Multi-Purpose ID (UMID), Philippine National Police (PNP) ID, Voter's ID, National Statistics Office (NSO) Birth Certificate, Marriage Certificate (NSO Authenticated), National Bureau of Investigation (NBI) Clearance, Police Clearance, Barangay Clearance/Certificate, Company/Office ID, Student's ID or School ID, OFW ID, Certification from the National Council for the Welfare of Disabled Persons (NCWDP)

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